Study program: Special Education and Rehabilitation for Persons with Difficulties in Mental Development

Type and level of studies: Basic Academic

#### Title of the subject: Counseling Parents and Children with Disabilities and Chronic Illnesses

Lecturer: Ivona R. Milačić-Vidojević

### Course status: Obligatory

# ECTS: 5

Prerequisites: none

## Aim:

Acquiring basic knowledge about providing different types of support to parents and children with disabilities and chronic illnesses, acquiring basic skills in communicating with parents and children with disabilities and chronic illnesses.

#### **Outcomes:**

Students will acquire basic knowledge about providing different types of support to parents and children with disabilities and chronic illnesses, gain basic communication skills with parents and children that will enable them to collaborate and actively participate in an expert team that provides assistance to parents and children. Students will develop a professional interest in this field.

#### Content

Lectures:

Parenthood and its basic characteristics. Family adaptation to disability or chronic illness. Family resources- counselling, individual and group psychotherapy, parent advocasy groups. Specific areas of change and problems. Providing psychological help - counseling objectives and relationship models between the counselor and clients. Communication skills in counselling field and counseler competency. Counselling children - exploring child experiences and understanding. Specific strategies of helping. Children's understanding of death and dying. Sibling support.

Practical work:

Conversing with the parent of a disabled child, a conversation with a well-known practitioner who deals with counseling parents of disabled children; skill development - active and passive listening, understanding the importance of active listening in counseling work and practicing active listening, exercising reflecting content and feelings, paraphrasing and clarification, role playing.

## Literature

- 1. Dejvis, H. (1995). Savetovanje roditelja hronično obolele ili dece ometene u razvoju, Beograd, Institut za mentalno zdravlje, str. 22-129, ISBN 86- 82277 -07- 7.
- 2. Milačić, I. (1997). Rad sa porodicom. U : Bojanin S, Milačić I, Selaković M. Autizam. Beograd, Zavet. str.166-181, ISBN 86-7034-025-9.
- 3. Dragojević, N., Milačić-Vidojević, I. (2011). Razlike u vulnerabilnosti majki i očeva dece s ometenošću, *Specijalna edukacija i rehabilitacija*, Beograd, *10* (4), 573-593.
- 4. Dragojević, N., Hanak, N., Milačić-Vidojević, I. (2009). Odlike funkcionisanja porodica sa intelektualno ometenim detetom. U D. Radovanović (ur.) *Istraživanja u specijalnoj edukaciji i rehabilitaciji*, Fakultet za specijalnu edukaciju i rehabilitaciju, Beograd, str. 259-268. ISBN 978-86-80113-83-8.
- 5. Dragojević, N., Milačić-Vidojević, I. (2010). Teorije porodičnog funkcionisanja, *Specijalna edukacija i rehabilitacija*, Fakultet za specijalnu edukaciju i rehabilitaciju, Beograd, br. 2, str. 357-373. ISSN 1452-7367.
- 6. Tadić, N. (1992). *Psihoanalitička psihoterapija dece i mladih*, Naučna knjiga, Beograd, ISBN 86-23-60134-3, str. 243-253, 395-409.

Number of active classes per week: 3			Lecture: 2		Practical work: 1
Teaching methods:					
Lectures, practical work, discussion, guest speakers, multimedia presentation, role playing					
Evaluation of knowledge (maximum score 100)					
Pre obligations	Score	Final exan	n	Score	
activites during the lectures	5	written exa	ım		
practical teaching	15	oral exam		70	
midterm(s)					
seminars	10				